Resources to Learn More about

Behavioral Health Tech Innovations

- <u>JMIR Mental Health</u> An academic journal focusing on digital interventions and technologies for mental health and behavioral disorders.
- <u>American Psychiatric Association's App Evaluation Model</u> A framework for evaluating mental health apps.
- <u>Behavioral Health Business</u> A news source dedicated to covering the business of behavioral health, including technological advancements and industry trends.
- <u>Behavioral Health Tech Conference</u> An annual conference that brings together leaders in behavioral health technology to discuss innovations, challenges, and future directions in the field.
- <u>Mindful Philanthropy</u> A nonprofit organization that provides resources and guidance for philanthropic giving in mental health, addiction, and intellectual and developmental disabilities.
- <u>Therapists in Tech</u> A community for mental health professionals working in or alongside the tech industry, offering resources, networking, and insights into the intersection of therapy and technology. Also a great place to find consultants!

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